



The Hazel K. Goddess Fund
for Stroke Research in Women

VOL. 1, No. 2

Women in MindSM

Goddess Fund to Co-Sponsor Capitol Hill Symposium

On February 25, 2009, The Goddess Fund, partnering with The Society for Women's Health Research, will present *"Women and Stroke: The X Factor"*, a symposium featuring experts prominent in the specialization of how gender and ethnicity affect stroke occurrence and recovery. The event will take place in the Senate Caucus room in Washington, D.C.

Scheduled speakers include Dr. Dawn Kleindorfer, *"The Impact of Stroke by Gender and Race"*; Dr. Steven Kittner, *"Causation of Stroke in Young Adult Women"*; Dr. Lewis B. Morgenstern, *"Do Women Present Stroke Symptoms Differently than Men and Are They Being Diagnosed and Treated Differently?"*; Dr. Joseph Broderick, *"Emerging Advances and Management of Acute Stroke"*; Dr. Chelsea S. Kidwell, *"The Impact of Stroke in Women – Three Case Studies"*; Dr. S. Claiborne Johnson, *"Stroke Research Funding: A Rational Analysis"*; Dr. James C. Grotta, *"How We Will Prevent and Reverse Stroke in the Next Decade"*; Patricia Hurn, Ph.D., *"Estrogen and the Female Brain"*; Donald Stein, Ph.D., *"Progesterone in the Treatment of Stroke: Research from the Laboratory Bench to the Patient's Bedside"*; and Dr. Steven Cramer, *"What's New in Stroke Recovery."* Invited speakers include Cindy McCain, as well as Senators Arlen Specter and Tom Harkin.

Goddess Fund Expands Medical Advisory Board

Scientific understanding is key to our mission. Over the last year, we've worked to expand our world-class medical team, and now welcome these physicians to The Goddess Fund's Medical Advisory Board. We value the depth and breadth of their experience, and we are pleased to have expanded geographical representation.

From California, **Gregory W. Albers**, M.D. is the Coyote Foundation Professor of Neurology and Neurological Sciences at Stanford University Medical Center. Dr. Albers had directed over 75 clinical stroke trials, and written extensively on stroke and related topics.



Dr. Gregory W. Albers



Dr. Joseph P. Broderick

Formerly a Cerebrovascular Fellow at the Mayo Clinic in Rochester, MN, **Joseph P. Broderick**, M.D. is Professor and Chairman of the Department of Neurology at the University of Cincinnati Medical Center. Dr. Broderick is an internationally recognized expert on the acute treatment and epidemiology of stroke.

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Mayor of Chicago Proclaims Goddess Fund Day

Richard M. Daley, Mayor of Chicago, acknowledged and saluted the work of The Goddess Fund. Proclaiming June 9, 2008 *"The Goddess Fund for Stroke Research in Women Day,"* he honored The Chicago Friends of The Goddess Fund for their work throughout the Chicago region about stroke in women.

Kitty Kelley Joins Goddess Board

Famed freelance writer and journalist Kitty Kelley has joined The Goddess Fund's Board of Trustees. Ms. Kelley served four years as press assistant to a U.S. Senator, and two



Kitty Kelley

years as an editorial page researcher at The Washington Post before publishing her internationally best-selling books. While at work on her next blockbuster, she continues to contribute articles and op-ed essays to prominent publications.

Kitty Kelley said: "Once I decide to do something, I can't have people telling me I can't. If there's a roadblock, you jump over it, walk around it, crawl under it." We welcome her fortitude and perseverance to our Board.

What's Inside:

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Message from The Chair

Now is a busy time for people who are concerned about stroke treatment and prevention.



Bluntly put, stroke research – let alone stroke research in women – is shamefully underfunded. The Goddess Fund is hard at work to remedy the situation. We are partnering with The Society for Women's Health Research to sponsor a prominent symposium in Washington, D.C. in February 2009. Our medical participants are stellar, and we seek to engage both legislators and the national press in an educational process about stroke. The Senate Caucus Room symposium will be followed by a roundtable discussion and press conference in New York City for health and science journalists from all media.

My warmest welcome to all new members of our Medical Advisory Board. Their extensive credentials and depth of experience enhance our organization even further. We are the only organization that addresses solely the urgent need for stroke research and education, and a strong advisory team is critical to achieving our ambitious goals.

Finally, it is with profound sorrow that I mention the passing of former Representative Jennifer Dunn. In addition to being a treasured member of The Goddess Fund's Board of Trustees, Jennifer was one of my closest and dearest personal friends throughout most of my life. She is greatly missed.

Lynn B. Goddess
Chair and Founder

Goddess Fund Expands Medical Advisory Board

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James C. Grotta, MD is currently the Chairman of the Department of Neurology at the University of Texas Medical School in Houston. Dr. Grotta, educated at Dartmouth College and the Universities of Virginia, Colorado, and Massachusetts General Hospital, also spent two years in the U.S. Public Health Service (Indian Health Service). He conducted the pivotal NINDS t-PA study that established the usefulness of tissue plasminogen activator for stroke patients.



Dr. James C.
Grotta



Dr. Lewis B.
Morgenstern

Lewis B. Morgenstern, M.D. is Director of the Stroke Program at the University of Michigan Health System in Ann Arbor, as well as Professor of Neurology, Emergency Medicine and Neurosurgery at the University of Michigan Medical School. He was a neurological resident at Johns Hopkins, and completed a stroke fellowship at the University of Texas at Houston. Dr. Morgenstern is an NIH funded Principal Investigator in studies that seek to equalize race, ethnicity and gender disparities in stroke treatment.

Randolph S. Marshall, M.D., M.S., F.A.H.A., F.A.A.N. is Professor of Neurology at Columbia University Medical Center. A Harvard College alumnus, he has an MD degree from UC San Francisco and a Master's degree in sociolinguistics from UC Berkeley. Dr. Marshall has been continuously funded by the NIH to investigate hemodynamic and physiological mechanisms of acute stroke and stroke recovery. He has also worked with restorative treatments after brain injury.



Dr. Randolph
S. Marshall



Dr. Jeffrey L.
Saver

Jeffrey L. Saver, M.D. is Director of the UCLA Stroke Center and Professor of Neurology at the David Geffen School of Medicine, UCLA. He graduated from Harvard Medical School and completed the Harvard-Longwood Neurology Training Program, the University of Iowa Fellowship Program in Behavioral Neurology and Cognitive Neuroscience, and the Brown University Fellowship Program in Vascular Neurology. Dr. Saver's research interests are in acute stroke treatment, stroke prevention, neuroimaging, clinical trial design, and neurocognitive consequences of stroke.

Host Your Own Event

If you are interested in organizing a Friends of The Goddess Fund group in your city, or would like to host an event on behalf of The Goddess Fund, please contact Erin Tower at 212-713-6789, or erin@thegoddessfund.org.

Chicago Goddesses Raise Funds for Stroke Education

On June 9, 2008, The Chicago Friends of The Goddess Fund raised \$50,000 for stroke research and education in their area. Since inception, the organization has secured well over \$100,000.

This year's annual dinner dance, "Sea Goddesses: an Evening for The Hazel K. Goddess Fund for Stroke Research in Women", was celebrated at The Chicago Yacht Club, and followed by a cruise on the Chicago River aboard the yacht *Innisfree*. In setting the tone for the evening with his opening address, Dr. Philip Gorelick, Chief, Neurology Service at the University of Illinois, affirmed the importance of The Goddess Fund's mission.



Celebrating The Hazel K. Goddess Fund for Stroke Research in Women on "Goddess Day" in Chicago are (l to r): Dana Hokin, Elliot Roth, Ruth Bradley, Dr. Philip Gorelick, Lynn B. Goddess and Karen Butler.

The evening included a silent auction featuring items from Harry Winston and Hermes, as well as a week's stay at The Bitter End Yacht Club on Virgin Gorda. Earlier this spring the group hosted cocktails and shopping at Tory Burch on Walton Street. Ten percent of sales were donated to the organization.

Proceeds from the events will be used to fund The Chicago Friends' April 18, 2009 Symposium on Stroke in Women at Northwestern Hospital, sponsored by the Rehabilitation Institute of Chicago and the University of Illinois, Chicago.

Advisory Board Member Named Chair of Neurology

*Longtime Medical Advisory Board Member **Ralph L. Sacco, M.D., M.S., FAAN FAHA** has been named Miller Professor and Chair of Neurology at the University of Miami Leonard M. Miller School of Medicine. Dr. Sacco has left Columbia University, where he served as Professor of Neurology and Epidemiology at Columbia University College of Physicians and Surgeons. The Goddess Fund welcomes our new Medical Advisory Board Members, and congratulates Dr. Sacco on his new position.*

"Beauty Shop" Lives On...

When The Goddess Fund supported Dr. Dawn Kleindorfer in her innovative study designed to educate African-American women about stroke, little did we know that her "Beauty Shop Education Program" innovative techniques would spill over into salons all over the country.

Dr. Kleindorfer tested her theories about stroke education in a two-year study to find out whether women who learned about stroke in a beauty salon would increase their knowledge and retain that knowledge over time. In the relaxed, supportive setting of a neighborhood salon, she reasoned, women would be more open to information — and more inclined to believe it. Beauticians were trained in stroke education and then they passed on what they had learned to their clients.



Dr. Dawn Kleindorfer

Dr. Kleindorfer's education system is now being used in select beauty parlors throughout the country, where it was learned about by word of mouth—no formal program involved. As the doctor suspected, non-threatening, peer-led environments seem to nurture the spread and retention of crucial information. The proliferation of "Beauty Shop" techniques should perhaps come as no surprise. When women are having their hair done, they are ready not only to look good but to listen and to learn.

Chicago Symposium Planned for Spring 2009

Karen Butler, Chair, Chicago Friends of the Goddess Fund, announced that the group will underwrite a Saturday Symposium on Stroke in Women. The event will be held at Northwestern Hospital's Campus in Chicago in conjunction with the Hospital's annual Stroke Rehabilitation Course for medical professionals. The sum of \$25,000 will be donated to the Rehabilitation Institute of Chicago to host the event. The University of Illinois, Chicago, will be a co-sponsor.

Speakers will include Medical Advisory Board members from The Goddess Fund. Among them will be **Philip B. Gorelick, MD MPH FACP**, University of Illinois; **Patricia Denise Hurn, PhD**, Oregon Health Sciences University; **Steven J. Kittner, MD MPH**, Director, Maryland Stroke Center; **Dawn Kleindorfer, MD** (Hazel K. Goddess Scholar), Greater Cincinnati/Northern Kentucky Stroke Team; **Lynda Lisabeth, MD**, University of Michigan Medical School; and **Louise McCullough, MD**, University of Connecticut Health Center.

Advisory Board members and other consultants will speak on topics including: "Do Women Present Stroke Symptoms Differently From Men and Are They Treated Differently?" (Dr. Lisabeth); "Causation of Stroke in Young Adult Women" (Dr. Kittner); "Educating the African-American Woman About Stroke — The Beauty Shop Project" (Dr. Kleindorfer); "Estrogen and the Female Brain" (Dr. Hurn); "Cutting Edge Treatments of Acute Stroke (e.g. t-PA, Ritalin and amphetamines)" (Dr. McCullough); and "What's New in Stroke Rehabilitation."

In Memoriam: The Honorable Jennifer Dunn

Goddess Fund Board Member and former U.S. Representative **Jennifer Dunn** was stricken at her home in Virginia, and later died from a pulmonary embolism. She was the first woman ever to run for the position of House Majority Leader, and served as Vice Chairwoman of the Select Committee on Homeland Security; on the House Ways and Means Committee and the Joint Economic Committee. She served Washington State's 8th District from 1993-2005.

The Almanac of American Politics described her as "a peppery partisan, vigorous and knowledgeable about issues..." Our Board Members describe her as an invaluable asset to the work of The Goddess Fund and a good friend.



Jennifer Dunn



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